

COMMUNITY HEALTH NURSING-I

Placement : First Year

Hrs of Instruction:

Theory: 150 Hrs

Practical: 650 Hrs

Total: 800 Hrs

Course Description:

This course is designed to assist students in developing expertise and in-depth understanding in the field of community health nursing. It would help students to appreciate holistic life style of individual, families, groups and develop skills to function as community health nursing specialist/practitioner. It would further enable the students to function as an educator, manager and researcher in the field of community health nursing.

Objective:

At the end of the course the students will be able to:-

1. Appreciate the history and development in the field of Community health and Community Health Nursing.
2. Appreciate the role of individuals and families in promoting health of the Community.
3. Perform physical, developmental and nutritional assessment of individuals, families and groups.
4. Apply the concepts of promotive, preventive, curative and rehabilitative aspects of health while providing care to the people.
5. Apply nursing process approach while providing care to individuals, families, groups and community.
6. Integrate the concepts of family centered nursing approach while providing care to the community.
7. Recognize and participate in the management of emergencies, epidemics and disasters.
8. Apply recent technologies and care modalities while delivering community health nursing care.
9. Appreciate legal and ethical issues pertaining to community health nursing care.
10. Conduct community health nursing care projects.
11. Participate in planning, implementation and evaluation of various national health and family welfare programmes at local, state and national level.
12. Incorporate evidence based nursing practice and identify the areas of research in the community settings.
13. Participate effectively as a member of Community Health team.
14. Coordinate and collaborate with various agencies operating in the community by using inter-sectoral and multi-disciplinary approach.
15. Teach community health nursing to undergraduates, in-service nurses and the community health workers.
16. Demonstrate leadership and managerial abilities in community health nursing practice.

Course Content

Unit	INC Hours	Content
I	10	<u>Introduction</u> <ul style="list-style-type: none">• Historical development of Community health and community health nursing- World and India, various health and family welfare committees.• Current status , trends and challenges of Community Health nursing.• Health status of the community, Scope of community health nursing practice.• Ethical and legal issues, Socio-cultural issues in Community health nursing• National Policies, plans and programmes:<ul style="list-style-type: none">- National health policy- National Population policy- National health and welfare programmes- National health goals/indicators/Millennium developmental goals(MDG) /strategies.- Planning process Five years- Plan and Health reports.- National health rural mission.
II	10	<u>Health</u> <ul style="list-style-type: none">• Concepts, Issues• Determinants• Measurements• Alternate systems for health promotion and management of health problems• Health economics• Health technology• Genetics and health• Waste disposal• Eco system
III	15	<u>Population dynamics and control</u> <ul style="list-style-type: none">• Demography• Transition and theories of population• National population policy• National population programmes• Population control and related programmes• Methods of family limiting and spacing• Research, Census, National Family Health Survey

Unit	INC Hours	Content
IV	30	<p><u>Community Health Nursing</u></p> <ul style="list-style-type: none"> • Philosophy, Aims, Objectives, Concepts, Scope, Principles & Functions • Community health Nursing theories • Quality assurance: Community health Nursing standards, competencies, Monitoring community health nursing, nursing audits. • Health assessment-individuals, groups and community • Roles and responsibilities of Community Health Nurse • Family nursing and family centered nursing approach • Nursing care for special groups; children, adolescents, adults, women, elderly, physically an mentally challenged – Urban and rural population at large. • Community diagnosis, setting objectives • Interventions: Micro and macro nursing plans, operationalization and evaluation. • Concepts, role and responsibilities of community health nurse practitioners –decision making skill, follow nursing practice standards, advanced nursing practice, professionalism, legal issues.
V	45	<ul style="list-style-type: none"> • IMNC (Integrated Management if Neonatal and Childhood illness) <ul style="list-style-type: none"> - General danger signs - Cough & difficulty in breathing - Case assessment practice - Diarrhoeas & Dehydration - Fever & Ear Problems - Anaemia, Nutrition & feeding - Counselling & Role play - Sick baby assessment - Assessment of Newborn - Neonatal jaundice - Malnutrition • Skilled Birth Attendant (SBA)
VI	15	<ul style="list-style-type: none"> • Disaster nursing <ul style="list-style-type: none"> -Definition, concept, types -Disaster Management -Triage <ul style="list-style-type: none"> - Nuclear, Biological and Chemical Warfare - Disaster preparedness -Role of a Nurse in Disaster Management and role of a nurse in NBC Warfare

Unit	INC Hours	<u>Content</u>
VII	10	<p><u>Information, education and communication</u></p> <ul style="list-style-type: none"> • IEC, Principles and strategies • Communication skills • Management, information and evaluation system: Records and reports • Information technology • Tele-medicine and tele-nursing • Journalism • Mass Media • Folk Media
VIII	15	<p><u>Health care delivery system: Urban and rural</u></p> <ul style="list-style-type: none"> • Functions, Staffing, Pattern of assistance, layout, drugs, equipments and supplies. • Village, Sub-Centre, Primary health centre, Community Health centre, district hospitals, sub-divisional hospitals, district family welfare bureau and tertiary care institution. • Critical review of functioning of various levels, evaluation, studies, recommendations and nursing perspective • Alternative systems of medicine • Training and supervision of health workers • Health agencies: Roles and functions • Inter-sectoral coordination. • Public Private partnership

PRACTICAL

Total = 660 Hours
1 Week= 30 Hours

SN	Deptt/Unit	No. of Week	Total Hours
1.	Sub-Centre, PHC, CHC	12	360 Hours
2.	District family welfare bureau	1	30 hours
3.	Urban centers	6	180 Hours
4.	Field visits	3	90 Hours
	Total	22 Weeks	660 Hours

Student Activities

- Identification of community leaders and resource persons (community mapping)
- Community Health Survey
- Community Health Nursing process- individual, family and special groups and community
- Counseling
- Health education- campaign, exhibition, fold media, preparation of IEC materials
- Organizing and participating in special clinics/camps and national health and welfare programmes-Organize at least one health and family welfare mela/fair (all stalls of national health and family welfare activities should be included)
- Estimation of Vital health statistics –Exercise.
- Drill for disaster preparedness
- Organize at least one in-service education to ANM's/LHV/PHN/HW
- Nutrition – Exercise on nutritional assessment on dietary planning demonstration and education for various age groups
- Filling up of Records, reports and registers maintained at SC/PHC/CHC
- Assist women in self breast examination
- Conduct vaginal examination
- Conduct deliveries
- Post natal visits
- Perform Episiotomy and suturing
- Prepare Pap smear
- Conduct Insertion/Removal of IUD
- Blood Slide preparation
- Field visits to Population Control Office, Office for Rural Health Mission, SHEB, Ayurveda Hospital, Homeopath Hospital
- Maintenance of log book for various activities.

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EVALUATION

Internal assessment (theory):

Max Marks

Periodical Exams-2

(Mid-term-50 & Pre-final-75 marks)

Marks: 125

Seminar-2

Marks: 50

Review of article from journal-2

Marks: 50

For Internal assessment marks 125 to be converted out of 25

Internal assessment (practical):

SN	Assignments	Marks
1	Family Care Study Urban Area	50
2	Family Care Study Rural Area	50
3	Family Health Care Plan - 2	50
4	Clinical Supervision Checklist Evaluation	50
5	Home Procedure Evaluation-2	100
6	Community Health Survey & Community diagnosis & Health Education based on priority felt health need of community	100
7	Project (Organize and conduct any one of the following- Exhibition/ Street Play/ Puppet Show)	50
8	Health Talk-2	200
9	Clinical evaluation in different areas of placement	200
10	<u>Practical Examination</u>	
	Mid Term	50
	Pre Term	100
Total		1000

For Internal assessment marks 1000 to be converted out of 100

1. EVALUATION CRITERIA FOR FAMILY HEALTH CARE STUDY (Marks: 50)

SN	Criteria	Marks Allotted	Marks Obtained
1	Introduction & Objective	02	
2	Subjective data	03	
3	Objective data	05	
4	Assessment of Family members (physical mental & social)	03	
5	Health needs identified	03	
6	Planning for family health nursing care (including short term & long term plan)	06	
7	Implementation of home nursing care plan with scientific rationale	06	
8	Health education planning & implementation	04	
9	Planning for diet	03	
10	Drugs study & home care	03	
11	Evaluation: - Out come of family health care - Self learning as a Nurse	02 02	
12	Future plan	03	
13	Conclusion & suggestion	02	
14	Use of table / graphs etc.	03	
	TOTAL	50	

2. CLINICAL SUPERVISION CHECKLIST EVALUATION (50 marks)

SN	Criteria	Marks Allotted	Marks Obtained
1	Objective of supervision	05	
2	Knowledge checklist	05	
3	Skill checklist # Organization # Explanation, Communication # Steps of procedure # Recording	10	
4	Nurse- Client interaction	05	
5	Identification of strong and weak points	10	
6	Guidance and assistance extended	05	
7	Method used # Direct/ Indirect	05	
8	Style of report presentation	05	
	TOTAL	50	

3.EVALUATION CRITERIA FOR HOME PROCEDURE EVALUATION (50 MARKS)

Particular	Marks	Marks Obtained
Selection of procedures based on family needs	02	
Preparation of the bag for the procedure	05	
Confidence in use of bag	05	
Caring out all the steps of procedure correctly	05	
Scientific principles followed while doing procedure	05	
Involvement of family while doing procedure	05	
Post care of bag and equipment	05	
Health education while during and the procedure	05	
Disposal of waste	05	
Reporting for breakage and loss	03	
Recording and reporting	05	

Any two procedures of the following

1. Physical assessment of
 - Neonate
 - Infant
 - Toddler
 - Preschooler
 - Schooler
 - Geriatric
2. Antenatal assessment
3. Vital signs monitoring
4. Wound dressing
5. Urine testing
6. Hemoglobin estimation
7. Blood sugar estimation
8. Baby bath

5. EVALUATION CRITERIA FOR FAMILY HEALTH SURVEY / COMMUNITY DIAGNOSIS (50 Marks)

SN	Criteria	Marks Allotted	Marks Obtained
1	Knowledge related to survey	06	
2	Data collection & entry on survey cards	04	
3	Table and tabulation of data	06	
4	Analysis and Interpretation of data	10	
5	Use of visual aids and graphs etc.	08	
6	Proposed future plans	06	
7	Recording in the registers	10	
	TOTAL MARKS	50	

6. EVALUATION CRITERIA FOR HEALTH TALK EVALUATION (100 marks)

Particular	1	2	3	4	5	Score
I) PLANNING AND ORGANISATION a) Formulation of attainable objectives b) Adequacy of content c) Organization of subject matter d) Current knowledge related to subject Matter e) Suitable A.V.Aids II) PRESENTATION : a) Interesting b) Clear Audible c) Adequate explanation d) Effective use of A.V. Aids e) Group Involvement f) Time Limit III) PERSONAL QUALITIES : a) Self confidence b) Personal appearance c) Language d) Mannerism e) self awareness of strong & weak points IV) FEED BACK: a) Recapitulation b) Effectiveness c) Group response V) SUBMITS ASSIGNMENT ON TIME						

7. CLINICAL EVALUATION PROFORMA (100 marks)

Name of Student:

Area of Community Health Nursing:

Evaluator:

Period under Evaluation:

Rating:

1 – in many respects fails to meet requirement satisfactorily

2 – Meets many requirements but deficient in important aspect

3- Average, clearly meets basic requirements satisfactorily.

4 – Clearly exceed basic requirements, respecting superior

5 – Outstanding in all respects.

SN

Areas with subheading Rating

1 2 3 4 5

I Knowledge and understanding about family

1. Studies family health record and collects significant data

2. Interprets significant data based on knowledge of community Health /Community Health Nursing.

II Home Visit

3. Preplans are written based on the health needs of the family and identified goals

4. Planning and organization of home visit

5. Establishers report with the family and able to communicate effectively and tactfully with different individual / groups

III Health Assessment and Observation

6. Identifies deviations from normal and set priorities in home care activities

7. Plans and implements name care based on preset goals and health needs

- IV Nursing Activities carried out:**
8. Application of scientific principles
 9. Technical skills with necessary modification and completeness of the procedure
 - 10 Involvement and participating of the family members
 - 11 Interpretation, reporting, recording of results
 - 12 Takes, corrective follow standing orders selects and appropriate referral agencies.
- V Health information health teaching**
- 13 Uses every opportunity for incidental / planned teaching for individual and group
 - 14 Uses appropriate teaching learning principles
- VI Post Visit**
- 15 Reports significant information
 - 16 Completes records, promptly, precisely and accurately.
- VII Evaluation of Family Health Care**
- 17 Able to evaluate the set goals, short and long term health care plans
 - 18 Able to revise the family health needs and modify the care plans
- VIII Professional qualities**
- 19 Professional appearance
 - 20 Interest, initiative, resourcefulness, responsible, leadership and attitude, response to constructive criticism and suggestions.

Total Marks:

Percentage:

Grade:

Remarks / comments by the Supervisor:

(In terms of strengths and weaknesses)

Instruction: Application of theory to practice is considered through out the experiences.

8. EVALUATION PROFORMA FOR PLANNING AND CONDUCTION OF Exhibition/ Street Play/ Puppet Show) (50 Marks)

SN	Criteria	Marks Allotted	Marks Obtained
1	Need for topic	05	
2	Organization	05	
3	Planning # Setting objectives # Selection of students # Schedule preparation # Advertising communication # Method selected # Resources used	20	
4	Implementation # Conduction # Monitoring activities	10	
5	Evaluation (Pre-Post)	05	
6	Writing report	05	
	TOTAL MARKS	50	